COURSE OUTLINE
Varsity Volleyball IV

Course Description
FW 243. Varsity Volleyball IV. 2 hours credit. Prerequisite: FW 242 and selection by the head volleyball coach. This course will enable the student to develop the skills for advanced collegiate volleyball providing credit for varsity participation. The student will develop leadership skills conducive to positive team environments that value differences in people and satisfactory individual relationships.

Required Materials
None.

Butler-assessed Outcomes
The intention is for the student to be able to:
1. Develop teamwork skills conducive to positive team environments that value differences in people and satisfactory individual relationships.
2. Demonstrate the advanced skill level techniques of collegiate volleyball.

Learning PACT Skills that will be developed and documented in this course
Through involvement in this course, the student will develop ability in the following PACT skill area(s):

Personal Development Skills
Interpersonal interaction – Through interaction with the coaching staff and teammates, the student applies knowledge of the dynamics of group environments and the impact of individual behavior.

Analytical Thinking Skills
Problem solving – Through participation in collegiate volleyball competition, the student will demonstrate how to apply workable solutions within team dynamics helpful in later real life problems.

Communication Skills
Reception and interpretation of messages – Through analysis of teamwork within the context of a sporting team environment, the student develops effective observation and interpretation of leadership skills.

Major Summative Assessment Task(s)
These learning outcomes and the Learning PACT skills will be demonstrated by:
1. Applying effective technique and interpersonal skill principles during a varsity competitive sporting event (A skill) through personal interaction within the dynamics of a team environment evident to the coaching staff and teammates (C skill).
2. Presenting a summative oral presentation that identifies the teamwork skills required in building positive team environments while embracing diversity among team members (P skill).
**Skills or Competencies**
Actions that are essential to achieve the course outcomes:
1. Apply individual behaviors that enhance a positive group environment
2. Demonstrate an appreciation for the value of differences among teammates
3. Demonstrate an awareness of the skills and behaviors associated with the achievement of satisfactory relationships in a team environment
4. Demonstrate proper individual intermediate skills of offensive and/or defense techniques in competition
5. Demonstrate execution of specific offensive and defensive performances
6. Demonstrate proper stretching techniques
7. Demonstrate strengthening programs

**Learning Units**
I. Fundamental individual skills for advanced level collegiate volleyball specific to the student-athlete’s position
   A. Advanced-level skills
   B. Position-specific skills

II. Advanced level offensive and/or defensive individual concepts and skills into team play situations
   A. Team strategies of offense and defense
   B. Proper execution of specific skills designed for the offense and defense by daily repetitions in practice and competition

III. Implementation of personal and team goals
   A. Strategies and skills necessary to compete at a championship level as regulated by the NJCAA and the Jayhawk Conference
   B. Identification of individual and team strengths and weaknesses through proper evaluation of game video
   C. Implementation of offensive and defensive strategies according to scouting reports and video analysis of the opponent
   D. Assistance with the coaching staff with the recruitment of the prospective student athlete

IV. Self-responsibility and accountability as the student-athlete
   A. Impact of individual behavior on the dynamics of group interaction and teamwork
   B. Value of academic excellence for the student-athlete
   C. Importance of time management as the student-athlete
   D. Role of proper nutrition for the volleyball athlete

V. Principles of skillful leadership
   A. Dynamics of the team environment
   B. Individual leadership skills

**Learning Activities**
Learning activities will be assigned to assist the student to achieve the intended learning
outcomes through instructor lectures, audio-visual aids, group discussion, guest speakers, drills/skill practice, intercollegiate competition, and other activities at the discretion of the instructor.

**Grade Determination**
The student will be graded on learning activities and assessment tasks. Grade determinants may include the following: team practice participation, skill demonstration, competitive performances, and other methods of evaluation at the discretion of the instructor.